

### **October 2018 Newsletter**

Welcome to all our new families, we are happy you have joined us.

### Infants' Room:

The infant room program is now looking at pets we can keep at home. What they are, their names, the sound that each animal makes. Their different characteristics.

Please continue to show them at home while reading a book to them, what these animals are. We are also encouraging clapping while we sing or listen to music.

We clap when we catch the bubble. We are also looking at Orange and Red colors

## Toddlers' room:

We continue to focus on independence by encouraging the children to ask for help when needed and we are also talking about Safety. The children are learning about the color orange and circle/triangle shapes.

The children are learning the first three alphabet A, B, C and numbers 1, 2, 3 through songs. Please continue to encourage that at home.

## Pre-schoolers' room:

We are now focused on colors red and orange and shapes Circle/Triangle.

We are also learning about safety on the road and at home. When you see road-signs ask them what the signs stand for.





**Seesaw:** Parents please check your child's seesaw account as we talk about our activities and upload pictures too.

**Weather**: Please bring a jacket, snow pant, hat and mitts for your children as we do go outside to play.

**If your child is away**: If your child will be away from daycare for any reason, please call 780-715-2228 and let the staff know. Thank you.

# **Important Announcements**

- ✓ A big thank you to David Oger and his team for bringing in a fire truck on Klorious Kids 1st anniversary.
- ✓ We now have before and after school care for EEP & Kindergarten at Father Turcotte. Please spread the word.
- ✓ CLOSED

Thanksgiving Day-- Oct 8 Remembrance Day--Nov 12

Christmas break: Dec 24th –January 1st

✓ REOPENS January 2<sup>nd</sup> Upcoming Events Christmas party, Dec 13th



October 29 - Mohamed Ahmed

November 21 - Mia Briffet

#### Contact us:

Tel: 780-715-2228 (Landline)

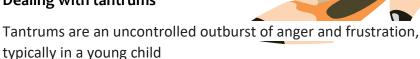
780-607-3187 (Cell)

Address: No 1 Alberta Drive, Fort McMurray, AB. T9H 1P3.

https://www.kloriouskids.com



## **Dealing with tantrums**



Tantrums are very common in toddlers and preschoolers. This is how young children deal with difficult feelings because they do not have enough vocabulary to express their emotions. You might see your child crying, screaming, stiffening limbs, kicking, falling down or running away. In some cases, children hold their breath, vomit, break things or get aggressive as part of a tantrum.

It is quite helpful to tune in to your child's emotions, and to avoid situations that trigger your child's tantrums.

## Things that can trigger tantrum in your child:

Stress Hunger **Tiredness** Frustrated Loneliness Illness Strong emotions like worry, fear or anger



## Things that can help you manage tantrums:

Acknowledge the child's difficult feelings Take charge of the situation

Be consistent

Stay calm, take time out yourself if it will help you manage the situation

Wait out the tantrum

Tantrums are not always a bad thing, as it is good to express our feelings. Children cry when throwing tantrum and this will help the child release stress, helps us learn boundaries, and may help the child sleep better. As a parent, you have to accept that you can't control your child's emotions or behaviour directly. You can only keep your child safe and guide your child's behaviour, so tantrums are less likely to happen in the future. Your child has a lot of growing up to do and more vocabulary to learn before tantrums are gone forever.